**Rapides Parish School Board**

Menus are subject to change without notice due to challenges in delivery or availability.

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| --- | --- | --- | --- | --- |
| Monday 01/02/23 | Tuesday 01/03/23 | Wednesday 01/04/23 | Thursday 01/05/23 | Friday 01/06/23 |
| Breakfast  |  |  |  |  |
| **CHRISTMAS** **HOLIDAY!** | **CHRISTMAS** **HOLIDAY!** | **CHRISTMAS** **HOLIDAY!** | **NO STUDENTS!** | **NO STUDENTS!** |
| Lunch |  |  |  |  |
| **CHRISTMAS** **HOLIDAY!****12/21/22 – 1/5/23** | **CHRISTMAS** **HOLIDAY!****12/21/22 – 1/5/23** | **CHRISTMAS** **HOLIDAY!****12/21/22 – 1/5/23** | **NO STUDENTS!** | **NO STUDENTS!** |

**Non-discrimination Statement**: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (VOICE). Individuals who are hearing impaired or have speech disabilities

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| Monday 01/09/23 | Tuesday 01/10/23 | Wednesday 01/11/23 | Thursday 01/12/23 | Friday 01/13/23 |
| Breakfast  |  |  |  |  |
| Sausage BiscuitJuiceMilk | Blueberry Muffin/CerealFruitMilk | Jump StartJuice Milk | Waffle/Sausage/SyrupFruitMilk | Cereal/Toast/JellyJuiceMilk |
| Lunch |  |  |  |  |
| Corn DogSweet Potato Fries/CatsupBaked BeansFruit CocktailMilk | Salisbury Steak/GravyFluffy White RiceSeasoned Green BeansButtered RollSliced PeachesMilk | Fish Portion on BunMacaroni & CheeseSeasoned Green PeasPear HalvesMilk | Red Beans & SausageFluffy White RiceSeasoned Turnip GreensCornbreadPineapple TidbitsMilk | Pepperoni Pizza WedgeButtered CornItalian Salad/DressingApple WedgesMilk |

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| Monday 01/16/23 | Tuesday 01/17/23 | Wednesday 01/18/23 | Thursday 01/19/23 | Friday 01/20/23 |
| Breakfast  |  |  |  |  |
| **Martin Luther King****Holiday!** | Scrambled Eggs/Toast/JellyFruitMilk | Jump StartJuiceMilk | Chicken BiscuitFruitMilk | Cinnabun/CerealJuiceMilk |
| Lunch |  |  |  |  |
| **Martin Luther King****Holiday!** | Chicken TetrazziniSeasoned Green BeansButtered RollFruit CocktailMilk | **Ham & Cheese Sandwich\***Baked ChipsStack SaladChilled GrapesMilk | Turkey & Sausage GumboFluffy White RiceCandied YamsGreen Salad/DressingCornbread OR CrackersFruit CupMilk | Sloppy JoesPotato Rounds/CatsupBaked BeansSliced PeachesMilk |

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**\*\*Make sandwiches using commodity turkey ham or water added ham.**

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| --- | --- | --- | --- | --- |
| Monday 01/23/23 | Tuesday 01/24/23 | Wednesday 01/25/23 | Thursday 01/26/23 | Friday 01/27/23 |
| Breakfast  |  |  |  |  |
| Ham & Cheese CroissantJuiceMilk | Banana Muffin/CerealFruitMilk | Jump Start JuiceMilk | Powdered Donut/CerealFruitMilk | French Toast Sticks/SyrupJuiceMilk |
| Lunch |  |  |  |  |
| BBQ Ribette on BunMacaroni & CheeseSeasoned Green BeansApple WedgesMilk | Chili MacButtered Green PeasCombo Veg Salad/DressingPear HalvesMilk | Hot Dog on BunFrench FriesMayo/MustardBaby Carrots/Ranch DressingBananaMilk | Breaded Chicken StripsSteamed BroccoliCheese PotatoesButtered RollPineapple TidbitsMilk | Super Beefy NachosRanch Style BeansShredded LettuceShredded CheeseDiced TomatoesFruit CocktailMilk |

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| --- | --- | --- | --- | --- |
| Monday 01/30/23 | Tuesday 01/31/23 | Wednesday 02/01/23 | Thursday 02/02/23 | Friday 02/03/23 |
| Breakfast  |  |  |  |  |
| Breakfast StickJuiceMilk | Cinnabun/CerealFruitMilk | Jump StartJuiceMilk | Pancake/Sausage/SyrupFruitMilk | Breakfast PizzaJuiceMilk |
| Lunch |  |  |  |  |
| Stuffed Crust Pepperoni PizzaButtered CornItalian Salad/DressingSliced PeachesMilk | Farmer JonesSeasoned Green BeansLettuce & Tomato Salad/DressingFruit CupMilk | HamburgerPotato Rounds/CatsupStack SaladMayo/MustardStrawberry & Banana CupMilk | Red Beans & SausageFluffy White RiceSeasoned Turnip GreensCornbreadFruit CocktailMilk | Corn DogSweet Potato FriesBaked BeansOrange WedgesMilk |

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